



## About the Shoebox Project

The Shoebox Project collects gifts of little luxuries, packaged in shoeboxes, and delivers them to women in shelters across the country for the holiday season. The boxes contain items that women enjoy but would never splurge on in times of difficulty. To learn more about the Shoebox Project go to [www.shooboxproject.com](http://www.shooboxproject.com).

Ideas of what to Include in your Shoebox	What not to include
Something warm: mitts, scarf, hat, socks	Used goods
Something sweet: chocolate, candies	Clothing that is "sized"
Something that smells nice: perfume, soap	Mouthwash with alcohol
Body or hand lotion	Candles
Tooth brush, toothpaste, floss	Products that have expired dates on them
Brush, comb	Hotel/spa samples
Shampoo, conditioner	Foundation, concealers
Small cosmetic bag	Hand sanitizers
Purse size Kleenex	Books other than self-help or inspirational
Makeup: mascara, eye shadow, lipstick, nail polish	
Specialty teas	
Phone card	
Gift card: i.e. Tim Horton's, Wal-Mart	

## Ideal Box Size

If you are purchasing your box from the Dollar Store there are two sizes that work well depending on your contents: 8.5 x 12.5 and 7.5 x 11.5

Avoid using a hinged lid box as the paper tends to rip easily

## Ideas to make your box equitable, festive and special

- Your shoebox contents should have an approximate value of \$50
- Make sure price tags are removed
- Wrap your box creatively. Please ensure that the box lid is wrapped **separately** from the box as boxes must be inspected before delivery
- Include a **small** cosmetic bag and fill it with things you would normally include like lip gloss, hand lotion, Kleenex
- Include a poem or card with a personal note to the recipient