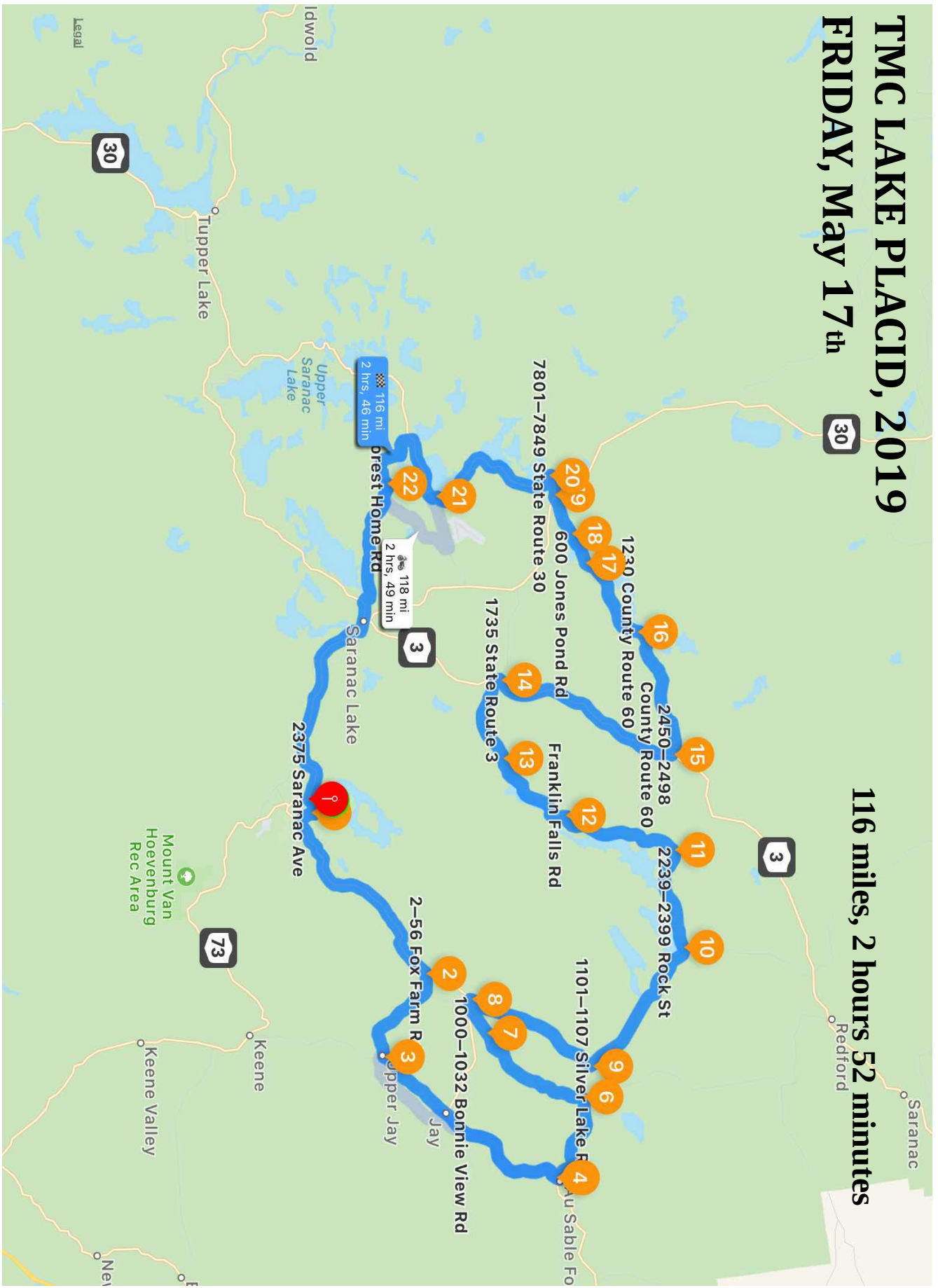


TMC LAKE PLACID, 2019

FRIDAY, May 17th

116 miles, 2 hours 52 minutes



miles	mins	miles	action	details
			START	246 Mirror Lake Dr Lake Placid NY 12946
		1	Turn LEFT	Northwood Rd
1	2		1	134 Northwood Rd Lake Placid NY 12946
		0.7	Turn LEFT	Wilmington Rd
		9	Turn RIGHT	Fox Farm Rd
11	15		2	2–56 Fox Farm Rd Wilmington NY 12997
		0.8	Turn RIGHT	Springfield Rd
		3.6	Turn LEFT	NYS Route 9N
15	22	1	3	12225 NYS Route 9N Upper Jay NY 12987
		9.5	continue	N Main St
25	36		4	5 N Main St Au Sable Forks NY 12912
		0.1	Turn LEFT	Silver Lake Rd
25	36	0.6	5	1–19 Silver Lake Rd Au Sable Forks NY 12912
		2.8	slight LEFT	Silver Lake Rd
		1	slight LEFT	Haselton Rd
29	42		6	1–15 Haselton Rd Au Sable Forks NY 12912
		0	Turn LEFT	Haselton Rd
34	50	5.4	7	1447 Haselton Rd Wilmington NY 12997
		1.3	Turn RIGHT	NYS Route 86
		0.4	Turn RIGHT	Bonnie View Rd
36	53	0.2	8	1000–1032 Bonnie View Rd Wilmington NY 12997
		5.9	Turn LEFT	Silver Lake Rd
42	1:02		9	1101–1107 Silver Lake Rd Schuyler Falls NY 12912
		6.5	slight LEFT	Union Falls Rd
49	1:10		10	1–29 Union Falls Rd Saranac NY 12912
		4.3	Turn LEFT	Rock St
53	1:17		11	2239–2399 Rock St Au Sable Forks NY 12912
		5.3	Turn LEFT	Franklin Falls Rd
58	1:26		12	Franklin Falls Rd Bloomingdale NY 12913
		2.8	continue	River Rd
62	1:33	1.4	13	800–1048 River Rd Bloomingdale NY 12913
		3.9	Turn RIGHT	State Route 3
66	1:39		14	1735 State Route 3 Bloomingdale NY 12989

miles	mins	miles	action	details
66	1:39		14	1735 State Route 3 Bloomingdale NY 12989
		8.3	Turn LEFT	County Route 60
75	1:48		15	2450–2498 County Rte 60 Vermontville NY 12989
81	1:55	5.8	16	1230 County Route 60 Vermontville NY 12989
		3.8	Turn RIGHT	Jones Pond Rd
84	2:00		17	652 Jones Pond Rd Rainbow Lake NY 12970
86	2:02	1.4	18	600 Jones Pond Rd Paul Smiths NY 12970
		1.7	Slight RIGHT	State Highway 86
88	2:04		19	144–200 State Highway 86 Paul Smiths NY 12970
		0.9	Turn LEFT	State Route 30
89	2:06		20	7801–7849 State Route 30 Paul Smiths NY 12970
		6.5	Turn LEFT	Junction Rd
95	2:13		21	16 Junction Rd Saranac Lake NY 12983
		0	Turn LEFT	State Route 30
		0.2	Turn RIGHT	State Route 30
		1.7	Turn LEFT	Forest Home Rd
101	2:22	3	22	644 Forest Home Rd Lake Clear NY 12945
		5.1	Turn RIGHT onto	Ampersand Ave
		0.4	Turn LEFT onto	George Lapan Memorial Hwy
		1	continue	River St
		0.3	Turn RIGHT onto	Lake Flower Ave
116	2:46	8.4	FINISH	2375 Saranac Ave Lake Placid NY 12946

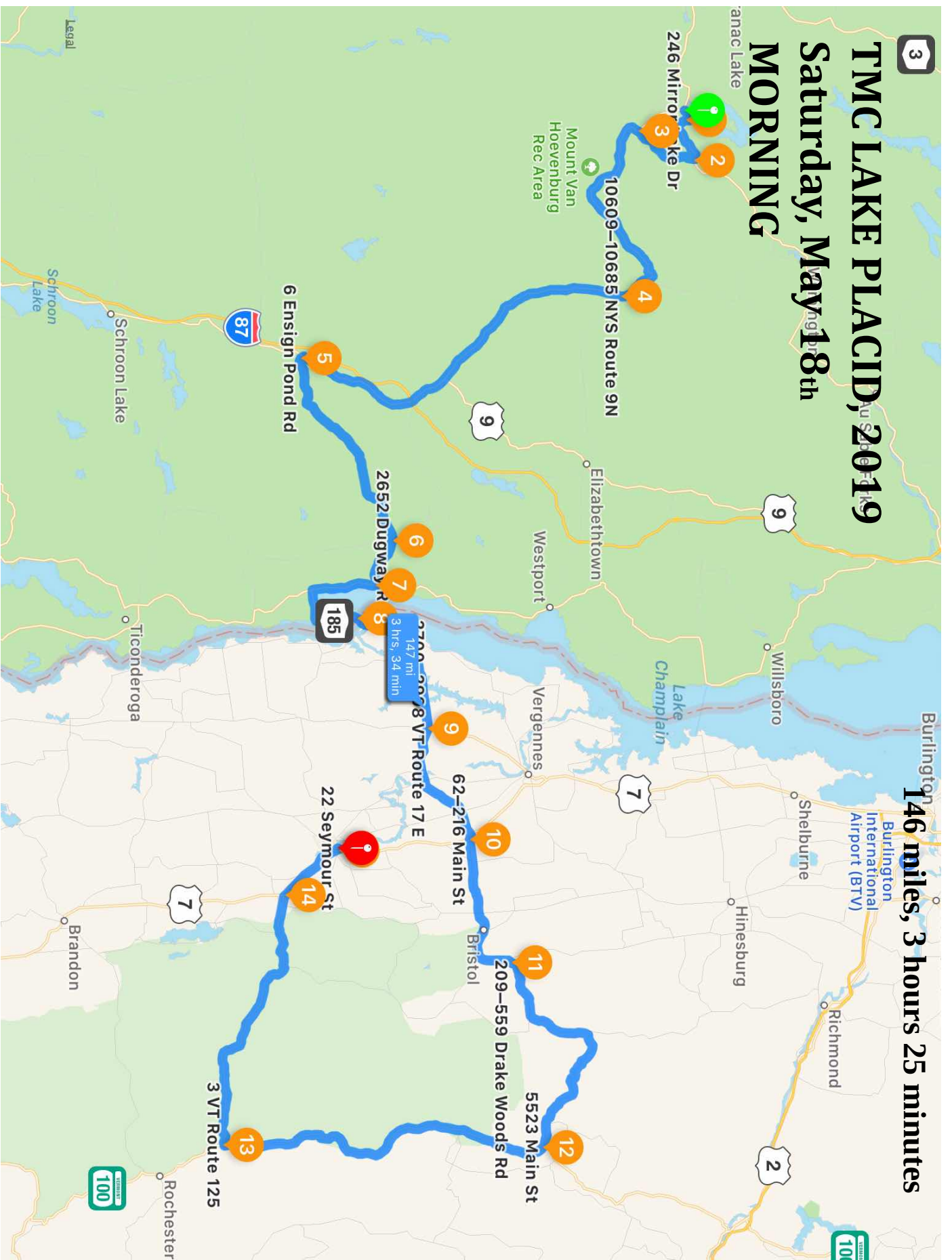
TMC LAKE PLACID, 2019

Saturday, May 18th

MORNING

3

146 miles, 3 hours 25 minutes



miles	mins	miles	action	details
0	0		START	246 Mirror Lake Dr Lake Placid NY 12946
		1	Turn LEFT onto	Northwood Rd
1	2		1	134 Northwood Rd North Elba NY 12946
		0.7	Turn LEFT onto	Wilmington Rd
		2.3	Turn RIGHT onto	River Rd
4	7		2	728–898 River Rd North Elba NY 12946
		4	Turn LEFT onto	Cascade Rd
8	13		3	5331–5399 Cascade Rd North Elba NY 12946
21	31	13	4	10609–10685 NYS Route 9N Keene NY 12942
		12	Continue onto	US-9 S
		9	Turn LEFT onto	Caza Turn Rd
		0.3	Turn LEFT onto	Ensign Pond Rd
43	57		5	6 Ensign Pond Rd North Hudson NY 12855
		9.4	Turn RIGHT	Windy Hill Rd
		4	continue	Broad St
		1.4	Turn RIGHT	Main St
57	1:20	0.2	6	4299 Main St Port Henry NY 12974
		3.6	Turn LEFT	Bridge Rd
65	1:31	4.1	7	Bridge Rd Crown Point NY 12928
			continue	VT Route 125
68	1:34	2.4	8	5901–6015 VT Route 17 W Bridport VT 05491
		6	continue	VT Route 17 E
74	1:41		9	2700–2998 VT Route 17 E Addison VT 05491
		7.3	Turn RIGHT	Ethan Allen Hwy
		0.3	Turn LEFT	Main St
		8.7	Turn RIGHT	Drake Woods Rd
90	2:05		10	209–559 Drake Woods Rd Bristol VT 05443
		16	Silght RIGHT	Main St
106	2:29		11	5523 Main St Waitsfield VT 05673
		20	Turn RIGHT	VT Route 125
126	2:54		12	3 VT Route 125 Hancock VT 05748
		16	Turn RIGHT	US Route 7 S
142	3:16		13	2887–2899 Route 7 S Middlebury VT 05753

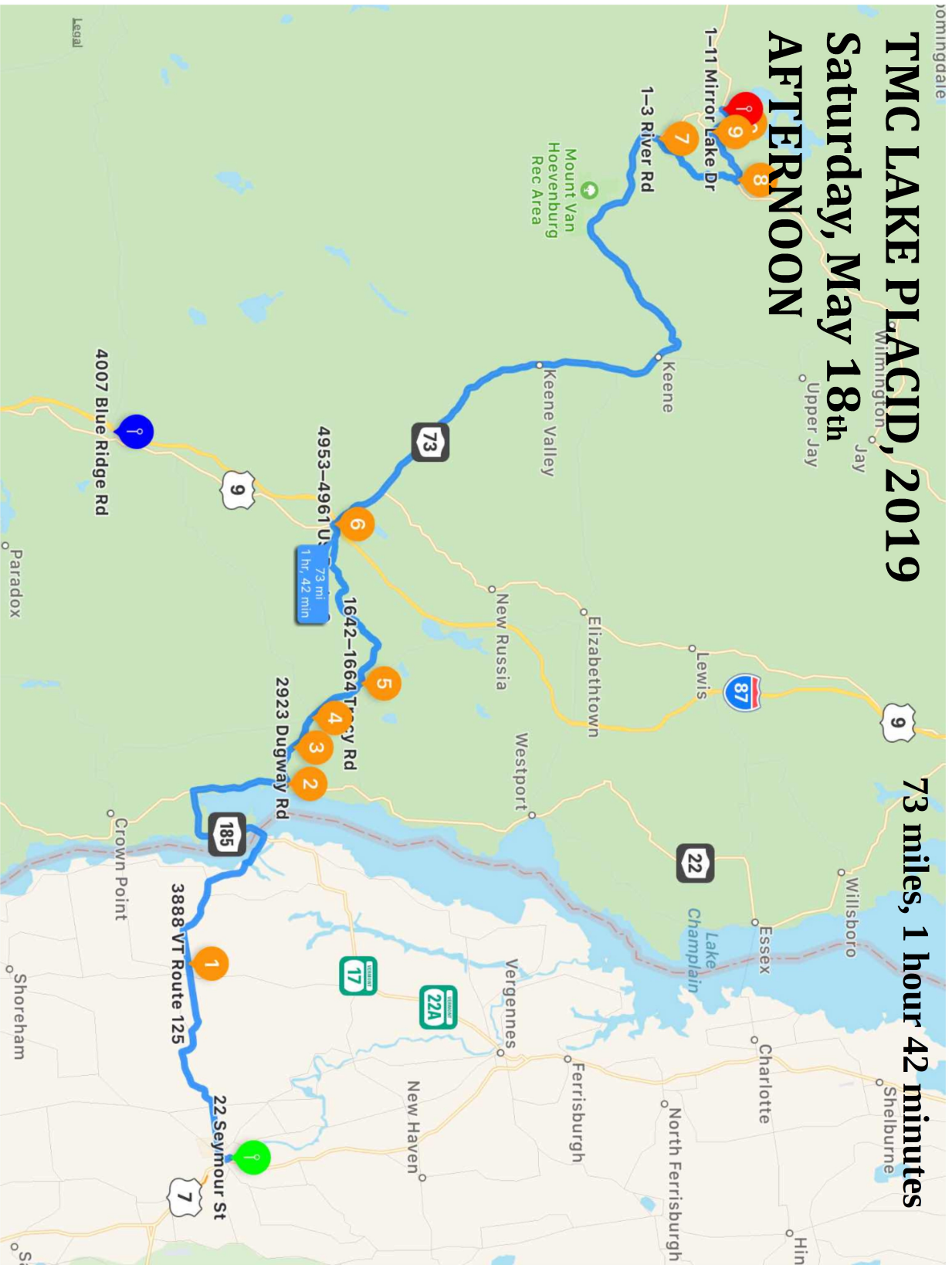
142	3:16		13	2887–2899 Route 7 S Middlebury VT 05753
		3.7	Turn LEFT onto	Court St
		0	Turn RIGHT onto	N Pleasant St
		0.3	Turn LEFT onto	Elm St
146	3:24		14	24–98 Elm St Middlebury VT 05753
		0.1	continue	Seymour St
		0	Turn LEFT onto	Seymour St
146	3:25		15	33 Seymour St Middlebury VT 05753
146	3:25		FINISH	22 Seymour St Middlebury VT 05753

TMC LAKE PLACID, 2019

Saturday, May 18th

AFTERNOON

73 miles, 1 hour 42 minutes

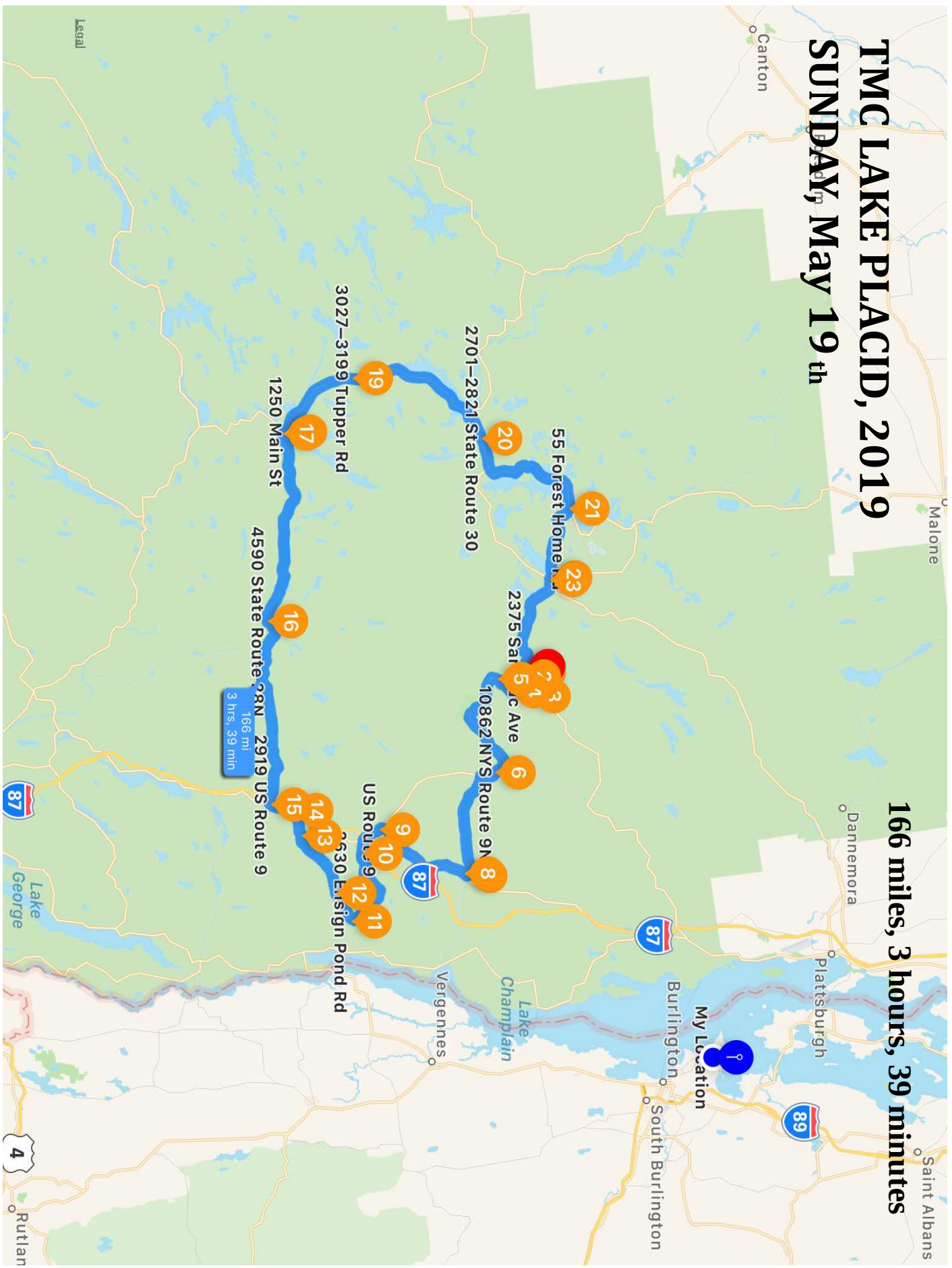


miles	mins	miles	action	details
0	0		START	22 Seymour St Middlebury VT 05753
		0.1	Turn RIGHT onto	Main St
		0.2	Roundabout FIRST	Main St
	IMMEDIATELY		Slight RIGHT	College St
		5.8	Slight RIGHT	Market Rd
		2.3	continue	VT Route 125
9	15	0.4	1	3888 VT Route 125 Bridport VT 05734
		6.6	Turn LEFT onto	VT Route 125
		0.4	continue	Bridge Rd
		4.1	Turn RIGHT onto	NYS Route 9N
		3.7	Turn LEFT	Broad St
24	34		2	3267 Broad St Port Henry NY 12974
		4	Keep RIGHT onto	Dugway Rd
25	37		3	2923 Dugway Rd Moriah NY 12974
		1.3	Turn RIGHT onto	Plank Rd
		0.1	continue	Witherbee Rd
27	40	0.1	4	19 Witherbee Rd Moriah Center NY 12998
		2.1	Continue onto	Witherbee Rd
		0.3	Turn LEFT onto	Tracy Rd
29	43		5	1642–1664 Tracy Rd Witherbee NY 12998
		7.7	Turn RIGHT	US Route 9
37	55		6	4953–4961 US Route 9 Moriah Center NY 12855
		2.3	Slight LEFT	NYS Route 73
		13	Slight LEFT	NYS Route 73
		12	Turn RIGHT onto	River Rd
65	1:28		7	1–3 River Rd Lake Placid NY 12946
		3	Turn LEFT onto	Wilmington Rd
69	1:35	2.4	8	3483–3499 Wilmington Rd Lake Placid NY 12946
		2.3	Turn RIGHT onto	Northwood Rd
71	1:38		9	2–14 Northwood Rd Lake Placid NY 12946
		0.7	Turn RIGHT onto	Mirror Lake Dr
72	1:39		10	411–427 Mirror Lake Dr Lake Placid NY 12946
73	1:42	1	FINISH	1–11 Mirror Lake Dr Lake Placid NY 12946

TMC LAKE PLACID, 2019

SUNDAY, May 19th

166 miles, 3 hours, 39 minutes



Legal

miles	mins	miles	action	details
0	0		START	246 Mirror Lake Dr Lake Placid NY 12946
		1	Turn LEFT onto	Northwood Rd
1	2		1	134 Northwood Rd North Elba NY 12946
		0.6	Turn LEFT onto	Wilmington Rd
1.7	4		2	88 Morningside Dr Lake Placid NY 12946
		2.3	Turn RIGHT	River Rd
4.1	7		3	728–898 River Rd Lake Placid NY 12946
6.2	10	2.2	4	346–406 River Rd Lake Placid NY 12946
		1.8	Turn LEFT	Cascade Rd
8.1	13		5	5331–5399 Cascade Rd Lake Placid NY 12946
21	29	12		10862 NYS Route 9N Keene NY 12942
		1.5	Turn LEFT	NYS Route 9N
		9.7	Turn LEFT	Park St
32	45		7	80 Park St Elizabethtown NY 12932 <i>Bio-break location at Stewart's Shops</i>
		0.1	Turn RIGHT	Court St
33	46	0.3	8	7479–7513 US Route 9 Elizabethtown NY 12932
43	59	10	9	US Route 9 New Russia NY 12964
		1.9	Turn LEFT	Tracy Rd
46	1:03	1.4	10	234–350 Tracy Rd North Hudson NY 12855
		6.4	Turn RIGHT	Witherbee Rd
		0.3	continue	Witherbee Rd
		2.2	Turn RIGHT	Ensign Pond Rd
55	1:16		11	2630 Ensign Pond Rd Moriah Center NY 12961
58	1:22	3.4	12	1900–2016 Ensign Pond Rd Moriah Center NY 12961
65	1:32	6.9	13	482–490 Ensign Pond Rd North Hudson NY 12855
		2.3	Turn LEFT	Caza Turn Rd
		0.3	Turn LEFT	US Route 9
68	1:36	0.3	14	3363 US Route 9 North Hudson NY 12855
70	1:39	2.2	15	2919 US Route 9 North Hudson NY 12855

miles	mins	miles	action	details
70	1:39	2.2	15	2919 US Route 9 North Hudson NY 12855
		0	Turn RIGHT	Blue Ridge Rd
		0.6	continue	Blue Ridge Rd
		19	Turn RIGHT	State Route 28N
90	2:03		16	4590 State Route 28N Newcomb NY 12852
		19	Turn RIGHT	Main St
108	2:24		17	1142 Main St Long Lake NY 12847
109	2:25	0.5	18	1250 Main St Long Lake NY 12847
117	2:34	8.6	19	3027–3199 Tupper Rd Long Lake NY 12847
		12	Turn RIGHT	Stetson Rd
		1.5	Turn RIGHT	State Route 30
133	2:53	1.8	20	2701–2821 State Route 30 Tupper Lake NY 12986
		2.7	Turn Left	State Route 30
		12	Turn RIGHT	Forest Home Rd
148	3:11	0.3	21	55 Forest Home Rd Lake Clear NY 12945
		7.9	Turn RIGHT	Ampersand Ave
156	3:22		22	15 Ampersand Ave Saranac Lake NY 12983
		0.3	Turn LEFT	George Lapan Memorial Hwy
156	3:23		23	George Lapan Memorial Hwy Saranac Lake NY 12983
		0.9	continue	River St
		0.3	Turn RIGHT	Lake Flower Ave
166	3:39		FINISH	2375 Saranac Ave Lake Placid NY 12946